

## Is Child-Parent-Relationship (C-P-R) Training Right for You and Your Child?

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As a parent do you feel like you have  
lost control?

Do you find yourself yelling at your  
child more often than laughing with  
your child?

Do you feel you have lost touch with  
your child...don't feel as close as you'd  
like?

Do you feel frustrated and find  
yourself saying the same things over  
and over again with no results?

Would you like for your relationship  
with your child to go back to the "way  
it used to be"?

**If you answered "Yes"  
to any of these questions,  
please read on...**

C-P-R-Training (*also called Filial Therapy*) is  
a research-based, 10-week parenting course  
that teaches parents how to use some of the  
same skills that play therapists use to help  
children experiencing social, emotional, or  
behavioral problems.

### How Can C-P-R Training Help?

In 10 weeks, you will learn how to:

*Regain control as a parent*

*Help your child develop self-control*

*Effectively discipline & limit  
inappropriate behavior*

*Understand your child's emotional needs*

*Communicate more effectively with your  
child*

In 10 weeks, you will see a noticeable  
difference in:

*Your relationship with your child*

*Your child's behavior*

*Your ability to respond effectively*

*Your confidence in your parenting skills*

### When are C-R-R Training Classes Held?

Classes meet weekly for  
10 weeks for 1 ½ hours  
(individual classes also available)

### Where are Classes Held?

At the office of:

**Amy Romero, LPC, NCC, RPT**  
143 Ridgeway Drive  
Lafayette, LA 70503  
(337) 412-3781

[www.amyromerocounseling.com](http://www.amyromerocounseling.com)



### How Do I Sign Up?

Space in the C-P-R training groups  
is limited, so call:

**(337) 412-3781**  
TODAY

to set up an appointment  
to reserve your spot.  
Appointments fill up quickly!

In Today's World...

## PARENTING CAN BE DIFFICULT

*...But there is no more  
important role you play  
than that of  
parent!*

## WE CAN HELP...



**Amy Romero, LPC, NCC**  
**Registered Play Therapist**  
*Child, Adolescent, and Family Therapy*  
(337) 412-3781

**Amy Romero** is a Licensed Professional Counselor, a Nationally Certified Counselor, and a Registered Play Therapist. She has over 15 years of experience in working with children, adolescents, and families as a former Teacher of the Year and Nationally Certified School Counselor in Lafayette Parish.

She is also a certified facilitator in Stephen Covey's *7 Habits of Highly Effective People Signature Program* and has conducted several workshops on *The 7 Habits of Highly Successful Families*.

When children face difficulties, she understands how it can affect every aspect of their lives, including peer and family relationships, as well as their academic performance. She is here to facilitate growth and can help children and families through these challenges. Ms. Romero works with children, adolescents, and their families and also conducts children's groups to help them make positive changes in their lives.

Ms. Romero use Cognitive Behavioral Therapy coupled with Play Therapy, and incorporates other expressive therapy techniques with older children. The techniques she uses are creative and "fun" in order to be engaging for her young clients.

Because "play" is the language of the child, as a Registered Play Therapist, her unique ability to utilize play and expressive therapies allows her to communicate with children, learning their perspective to issues; therefore, gaining the understanding necessary to facilitate positive change and growth.

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## Child-Parent- Relationship (C-P-R) Training



**Learn the Keys to  
Helping Your Child  
Succeed  
in  
School and in Life**

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*A 10-Session Parenting Program  
for parents of children  
ages 3-7*